

20 life tips 20-year-old

I think that Teens are the hardest. Of course, the formation of personality, looking like minded and frequent unexplainable mood swings make life difficult for teenagers. But for some reason no one warns you about what's next; twenty will also be not so fabulous as it seemed in childhood. Remember, all thought 20 will already have their own car, apartment, be happy and successful. The reality, though not terrifying, but still, not so pleasant, what could be.

Growing up, going through the introductory campaign and several years of University studies, young people begin to feel the changes and some update: trying something never before tried to discover a hitherto unknown things, gain some experience. Without this it is impossible to imagine the course of life. Of course, sometimes defeat, and victory, without this balance, human existence is impossible in principle. But sometimes, whether the hopes are not justified, just things do not go as you expected. Of course, you're lost. And in such moments, when it seems that nothing remains static, it is important to look around and something to see. It's truths that lie on the surface, which we do not pay attention that nothing is neglected. You should understand the simple things that will help you stay afloat and that may change lives for the better.

Surprisingly, that's how people who don't pay attention to visible, and do not believe in the most obvious until someone authoritative (or authoritative) don't tell them about it. Therefore, the fact that the following information; advice from psychologists, will be convincing to many people. But we should remember that it is important not to be afraid to trust my own thoughts.

So, 20 things worth knowing to those who turned twenty:

1. You; who you are. No more and no less. In any case, don't let someone or something else to determine your qualities and interests. Don't let work or thoughts of strangers affect you and to mold you into something that contradicts your nature. Your own "I" should have space for development and self-realization, and it is impossible that this space was limited by his occupation or some thoughtless comment from your friend.

2. Your environment; your strength. Make sure to have a number of people that inspire, support and help to move forward. If friends inhibit you and hamper your development, and discourage the desire to do something and pull you down; these are not friends, but the real parasites. It is very important that loved ones made you confident in their abilities. And not just praised, and by example has proved that it is possible to reach any desired heights.

3. Parents really are right. You will understand it and realize when you come of age, when it seems that the whole world is against you. And even I was surprised how you really don't know about native people. Don't hesitate to ask to engage in dialogue. It's never too late to take a step forward. In addition, the process of growing allows you to look at it from a slightly different angle. Maybe you will see the father and mother of the people still did not know.

4. It's now or never. Yeah, you're not the man who lives only a dream. You're on to something able. So do not waste time, do not miss the chances that you generously throws fortune! Travel, learn new things, reach out to that you still didn't know. Discover the world, look at it from the most unexpected quarters, amaze yourself and others. The best time for this will be. What, like not travel will help you to know yourself? Boldly go!

5. Nothing lasts forever. Just accept it. People leave your life, but only in order to make room for those who will come instead of them. Don't cling to friends who quietly disappear. Loss; it is always painful, but focusing on that pain, you leave no chances of joy that wants you to reach. As corny as it may sound, the truth is that after the black stripe is definitely white. Everything has to change. Do without unnecessary dramas.

6. Your own opinion; the only thing that matters. And it's not a reference to selfishness, snobbery, or another -ISM. A healthy love of self and the basic self-esteem; this is what is needed for a normal existence in a world full of unjustified and cruel criticism. Sooner or later, with her face, but not everyone can experience it painless. You have to make decisions and take responsibility for their actions. Not to do other people's views a modifier of their own behavior. If you feel that what you're doing; right; do it.

7. Get rid of excess. Nasty habits that steal your time, exhausting relationship with someone, a job that takes a lot of nerves and mental strength; all this should be abandoned in its favor. In the future [write essays for money](#), you'll be surprised how unnecessary it all was. Don't forget that you; the number one priority in my life.

8. From responsibility, not escape. The older you get, the more responsibility falls on your shoulders. This is a normal, natural process, as it should be. Don't be afraid, you become an adult. You might like to bear responsibility for something other than a choice of food and drink for the party. In addition, the reward for this would be to extend the spectrum of your rights.

9. Do not be nervous once again. Some things are just not worth it. And when you grow up, you will see that almost all the things are not worth; of Course, experiences; that's what makes you alive, but to drive yourself and spoil your nerves; this is definitely not the answer. When you're young, seething emotions, but you should be able to dispose of them, especially if we are talking about negative feelings. We often become angry, even without understanding what was happening, and suffer because of this, sometimes innocent. Do not let anger, rage, discontent get out of hand; skill, where you should buy. And in General, learn to distinguish serious problems that you just have to take and decide from the little things that are not worth paying attention to.

10. People change. And you, too. Don't be zagazirovanie against one who has wronged you in the past. This person may surprise you if you give him the chance. Of course, this truth can be interpreted differently, and, unfortunately, it is not uncommon. You may just be interested with an old

friend. Disappear fun conversations and pleasant meetings … Why? Just because you've both changed. It is neither good nor bad – it's just life. Do not pull past the tail, let him go and move on. If this is so, then so it should be. Nothing can remain static. All the better.

11. Carpe Diem. Seize the moment. Enjoy every moment of my life, don't waste yourself in regret or longing for something. The past will not return and will not fix, but over the future you have the power there. So don't be afraid to do things that make you really alive and real, and don't fear what's ahead. Remember: whatever you do, in the end it will still lead to something good.

12. Relationships should bring joy. Corny but true: if you feel unhappy or depressed, along with the supposedly loved one, then it – it is unlikely that he (or she) that needs to be with you. The real feeling will inspire you to give, not take, to move forward and up, to decide on some crazy things… Love is to inspire and bring happiness in your life. If the relationship brings only pain, frustration and drive you into depression – this is definitely not what you need. Of course, conflicts happen at all, but if they occur regularly, else said or a very bad character, or the lack of understanding as such. What else can keep people around if not the realization that they have found "your soul mate"?

13. Marriage – is forever. Go to marriage very seriously. Why waste themselves on meaningless relationships that have no purpose and future? You have to be sure that he chose his companion for life, and to believe that he – just that only. Otherwise it is better not to get into a serious relationship.

14. Child – this is serious. If you suddenly thought you want to raise a son or daughter, more analyze is spontaneous (as it is most often spontaneous) desire. Maybe you just felt sad, bored or a little lonely? Child – this is a huge responsibility, and you need to be 100% sure that you really are ready for it, both in moral and in material terms. Maybe for you, while it would be better to get a puppy or kitten?

15. To read – it's cool. And indeed it is. Even if in school you have recaptured the interest and desire to read, just try to do it now, in a more conscious age. Maybe you just haven't found that "his" book that can change your view of the world and turn your eyes upside the head. Moreover, all your teachers were right that reading – this is perhaps the most useful thing in the world. It's not just education, but also self-improvement. Re-read what I read before: it will help you to look at the work, and possibly at the world around from a different angle.

16. Work should be fun. If you don't love what you do, be sure to live a happy, full life you will not succeed. Favorite thing inspires, as well as early upgrades and a large amount of tasks not spoil the mood. But if you're going to work as hard labour, with fear expecting every new project and consider hours before you go home, think: maybe you should change something?

17. Again don't be afraid to say hi. Although the past decided to go, there's nothing criminal in order to find in social networks an old friend with whom you haven't communicated. Such a gesture you no obligation, and who knows, maybe it will evolve into something more pleasant. Time is able to neutralize small unpleasant moments from the past, leaving only something fun and good. Of course, as the first will never happen, but perhaps this is not necessary? You can find the person who knows a hundred years, a completely new and interesting personality.

18. Believe in yourself. Whatever it is, as if the life did not beat – believe in yourself. It is banal, but such a truthful thing. It is a powerful force that can move and the mountains, but only in the case when you want.

19. Look for options how to get rich now. Many young people don't know what I want to do, how to make money how to get a job if all require experience. But the world is not what it was in the days of our parents now a million opportunities to earn money without a large initial investment or experience in this area. Try something new – for example, create a video blog or channel on YouTube, create new apps or games, start a business.

20. Youth is not eternal and she's not coming back. So don't waste your time, enjoy every day and appreciate what you have. Love yourself and your life, but always strive to become better than you were yesterday.

I hope these tips will inspire young people to live interesting, rich, vibrant and meaningful life.